

September 2011

First Baptist Church of Apopka

FIRST THINGS



Stress

I have been preaching on various sources of stress for a few weeks, now. We sometimes call this life "The Rat Race" because of all the stress that is involved in the everyday pursuit of the American dream. According to the following item, rats can actually experience all the bad by-products of a stressful life.

Dr. Joseph Buckley is a scientist who has been studying rats for eleven years and who has found that the present-day "rat race" is a term too close for comfort.

According to an *Associated Press* report, Dr. Buckley has been subjecting thousands of rats to a stress chamber that simulates many of the conditions of modern city life: bright flashing lights, every kind of noise from buzzers to the roar of jet planes, and even a shaking, jostling motion similar to what you feel when you are riding to work in a car or train.

After a week of this, the rats develop permanent high blood pressure and become easily irritated and dangerous. Furthermore: "Exposed to the same stresses as the rats, the doctor and a graduate student began to notice a rise in their own blood pressures, accompanied by increasing irritability."

We have three choices. First, we can run away from a stress filled life and live in the woods or on some mountaintop and hope to find enough sustenance to stay alive. Second, we can stay where we are and develop ulcers, irritability, and high blood pressure. Or we can get our focus on spiritual things and trust God to keep us sane. "Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus" (Phil 4.6-7). A daily time in prayer and Bible study along with a conscious effort to live for God will give peace.

Your pastor and glad to be so,
Pastor Paul

**Remember, Reflect, Renew
at a Community Gathering
The 10th Anniversary of 9/11**

10:30 am on Sunday, September 11 at
Northwest Recreation Complex on Ponkan Rd.





Kids on Mission

Our children's missions groups are collecting gifts for a select group of North American missionaries. These items help missionaries replenish ministry supplies.

Our missionaries are Dewey & Kathie Aiken, Appalachian Regional Ministry.

Our children here at First Baptist are collecting the following items:

backpacks, notebook paper, spiral notebooks, pencils, pens, colored pencils, crayons, folders, rulers, kindergarten paper & glue sticks. If you would like to donate any of these items, there is a bin outside the church office and one in the Children's Ministry (Awana) Room marked "Christmas in August."

K.E.D.S. (Kids Enjoying Discovering Scripture)

5:30-7:00 PM on Sunday Night

Every week will be something different: amazing science tricks, illusions, stunts, games, water night and special guest appearances.. A meal will be served each week at 5:45. Parents, you can join us for the meal, just let us know you are coming.



Kids on Mission - Wednesday Night @ 6:30 pm Grades K-5

Kids on Mission meets in the Children's Ministry (Awana) Room across from the Fellowship Hall.

Exciting mission activities, games, stories. It's new and it's fun!!

Families United Spiritually Impacting Our Nation

Sunday Morning 9:15 Deaf Ministry Sunday School

Sunday Morning 10:30 Deaf Junior Church

Sunday Evening 6:00 to 7:00 Fusion Club (K4-6th)

Wednesday Evening 6:30 to 7:30 Fusion Club (K4-6th)

All Fusion activities are for deaf and hearing children of deaf families



Get Plugged In! Small Groups on Sunday Morning

Stop by Loren's Donut Hut (by the Welcome Center) on Sunday morning on your way to Sunday School! If you don't have a Sunday School small group class to go to, our Sunday School Director, Loren Sauers, can tell you what we have to offer and point you in the right direction. Get plugged in!

Find a class and make new friends!!



Deaf Ministry Chapel

Our Deaf Ministry led by Dr. A.C. & Wanda McCann meets in the Fellowship Hall for Chapel services from 9:00-10:15 on Sunday morning. Sunday School in the Fellowship Hall from 10:30-11:30. The only exception to this is on the first Sunday of each month when they will be in regular services in the Sanctuary at 10:30 and in Sunday School at the regular time of 9:00-10:15 am.

Senior Exercise Classes Meet Weekly

Wednesday in the Fellowship Hall from 11:00-12:00.

Each Wednesday is different so you may start with any class.

There is no charge for your first visit and then if you like it pay \$20.00 per month.



Maguire State Mission Offering of Florida

Though the MSMO Fla. Baptists are compelled by Christ's compassion to be thoroughly evangelistic & mission minded while at the same time meeting the spiritual & physical needs of hurting people. There are 25 ministries supported by the MSMO. Won't you contribute to them this September?

2011 Goal \$1,405,455.00 FBC Apopka Goal \$1650.00

How Can YOU Help?

The following is a list of monthly needs for Loaves & Fishes. We deliver to Loaves & Fishes once a week. If you would like to donate any of these items, please put them in the grocery basket marked Loaves & Fishes by the Welcome Center/Office double glass doors.

- | | | |
|-----------------------|-------------------|---------------------------------------|
| Canned meat | Shampoo | Diapers (all sizes) |
| Canned fruit | Deodorant | Household items |
| Peanut Butter & Jelly | Dish soap | Clothes (no clothes until January 15) |
| Mac & Cheese | Pine cleaner | |
| Hamburger Helper | Disposable razors | |





New on Sunday Night!
Contemporary Worship Service @ 6:00
 in the Fellowship Hall.
Regular Sunday night Worship Service
 in the Sanctuary @ 6:00



First Family Breakfast is Sunday, September 4th
@ 8:30 am
 in the Fellowship Hall



Jewels for Jesus - Daytime Ladies' Bible Study
Tuesday, Sept. 6th @ 10:00 am
& Tuesday, Sept. 20th @ 10:00 am
 In the Welcome Center

Woman to Woman Craft Day
Saturday, Sept. 10 - 10:00-2:00

Bring a friend and join us for a day of relaxed fellowship. Bring your own sewing, quilting, scrap booking or other craft. We can help each other learn new skills! We will stop around 12 for lunch. We ask that along with your supplies you also bring your lunch. Sorry, no childcare available.



Lamplighters' Luncheon
Tuesday, September 13th @ 11:30

Bring a covered dish to share. Program: Monnie Shirley Monologue
 "The Servant at the Wedding in Cana"

Romeo's (Retired Ole Men Eating Out) Breakfast - Tuesday, September 20
 8:30 AM at Bubbalou's by Publix on Rock Springs Road



Juliet's Dinner - Join Us Ladies In Eating Together
Watch for date and place in September in the church bulletin.
 All women are welcome! Call the church office if you plan to attend.

New First Baptist Apopka Cook Book

The ladies in the Juliet's Ministry are putting together a new cook book for our church. Make a copy of your favorite recipe (you may submit more than one) and put it in the basket on the Sign Up Table that is marked 'JULIET'S RECIPES.'



Big Church
 by Andy Stanley
Starts Sunday Night, September 11th
4:45 pm
 Location to be announced

Body Life Journey
How You Fit Into God's Ministry
Starts Sunday Night, September 11th
4:45 pm
 Location to be announced





From the office of Lyle Forsberg Church Administration/Education

Good Tidings Church Family,

This September a new series of administrator articles will appear in this newsletter called "*Good Tithing*". The purpose is simply to encourage joyful giving. I know it seems more like a duty at times. Let's see what God has to say about it. I hope duty turns to joy for all us. The source for some of the material in this series is a book called "A 40 day Journey to a more Generous Life". It was written specifically for the Southern Baptist congregations. If you would like a free copy please see Lyle or Judy.



Let's get started.

Life is a journey. It is full of tours and detours, paved roads and potholes, and hills and valleys. The secret to a fulfilled life lies not in the momentary happiness of smooth roads and high hills. There is nothing wrong with that kind of happiness; it just doesn't last long enough to bring everlasting contentment.

Pastor Brian Kluth (founder of MaximumGenerosity.org) says it this way "Discovering true contentment and everlasting joy is found in the journey of generosity".

So, let's get started with a question. **WHAT DO YOU OWN?** Go ahead and list it to the side of this page. Good. Now meditate on the following words of THE Creator:

"Every animal of the forest is mine, all the cattle on a thousand hills...and the creatures of the field are mine...the world is mine, and ALL that is in it." Psalm 50:10-12

I'm OK with that because creatures and critters can be ugly anyway. Besides, silver and gold are more to my liking and I can own these things, right? Didn't Jesus say render unto Caesar what is Caesar's. He was talking about money, right? I can own that, right? Mmm.... But then these words were revealed to me.

"The silver is mine, and the gold is mine, declares the Lord...
Haggai 2:8



God just took me (us) from complete owner to complete donor". What do I mean? I mean we cannot OWN anything. As our pastor has said in the past, everything is borrowed. From whom is it borrowed? God! Now where is the good news in any of that? Here it is. God allows us to use and manage these borrowed things of HIS for our good! We even get to give it away! That makes us a donor! When our behavior goes from owner to donor God promises good things will happen to us. What good things? You will have to wait until next month's newsletter.

Good tithing and blessings, Lyle Forsberg Administrator



BACK TO SCHOOL!!

BACK TO THE CHURCH LIBRARY WORK:

The library ministry team is busy getting ready for our fall agenda. We start reading to HCA Children on Thursday, September 8. We still would like volunteer substitute readers for when one of our ladies has

to be out. The reading this year will be on Thursdays from 9:30 – 10:50 (4 different classes) in Adult 5 Sunday School Class room. After the reading period, students go to the library to check out books.

One of our goals this year is to highlight different sections in our library each month. SEPTEMBER: We are highlighting our PRAYER & DEVOTION SECTION

1. PRAYER SECTION: "The Prayer of Jabez" by Bruce Wilkinson. Bruce challenges readers to recite the Jabez Prayer every morning and keep a record of the changes that occur in one's life.
2. DEVOTION SECTION: "A Shepherd's Look at Psalm 23" by Philip P. Keller.

**THANKS TO ALL WHO DONATED CHILDREN'S BOOKS
FOR OUR LIBRARY IN AUGUST!**



**New on Sunday Night
Contemporary Worship Service
@ 6:00
in the Fellowship Hall.**

**Regular Sunday night Worship Service
in the Sanctuary @ 6:00**

New Ladies' Bible Study Wednesday Night from 6:30-7:30

It's not being perfect. It's not about being good enough. It's not even if our victories out number our failures. It's about our hearts. Do we want what God wants?

Do we want to do things His way? Holiness is not an accomplishment, holiness is about following Christ - chasing after Him - and letting Him transform every segment of your life.

Come join Beth Forsberg as she leads this Bible Study entitled:

The Chase by Jerry Bridges

All ladies welcome in Adult 4 Sunday School room
each Wednesday night!

This is an ongoing study. Each lesson is separate. You may attend anytime.



First Baptist Weekly/Monthly Activities

Sunday:

- 9:00 am -Sunday School - A Bible Study program for all ages.
- 9:00 am-Devoted: Youth Small Groups
- 9:00 am - Deaf Ministry Chapel
- 10:30 am - Worship Service* 11:00-11:30 am - Kid's Worship
- 10:30 am - Deaf Ministry "Bible Round Table" Sunday School
- 3:45 pm - Handbell Rehearsals
- 4:30-5:45 pm-ASL Sign Language Class
- 5:30-6:00 pm-Women Praying God's Heart Prayer Group (Sept.-May)
- 5:30-7:00-AWANA Children's Bible Club (Sept.-May)
- 5:00-7:00 pm - Youth Fuel Activities (6th-12th grade)
- 6:00 pm - Praise, Worship & Bible Study *

Wednesday:

- 6:30-7:30 pm - Kid's Activities
 - 6:30-7:30 pm-Young Adult Bible Study
 - 6:30-7:30-Deaf Ministry Bible Study in room 108
 - 6:30-7:30 - Women's Ministry Fellowship & Prayer Time
 - 6:30 pm - Student Fuel Ministry (6th-12th grade)
 - 6:30 pm - Praise, Prayer and Bible Study *
 - 7:30 pm - Choir & Praise Team rehearsal
- *Nursery provided for infants through 3 years old during service.

Additional Weekly and Monthly Activities

- 1st Sunday of each month - First Family Breakfast 8:30 am
- Each Tuesday of the month - Visitation, Outreach 6 pm
- Each Tuesday of the month-Deaf Ministry Bible Study at
- 2nd Thursday of the month-Daytime Ladies Bible Study 10:00 am
- NDA in Mt. Dora 7:00-8:00 pm
- 2nd Tuesday of each month - Lamplighters' Luncheon
- 11:30 am (for the "50 and over crowd") (Sept.-May)
- 3rd Tuesday of each month - Mission In Action 9:00 am
- (quilting ministry) (Sept.-May)
- Each Thursday of the month - Jabez Prayer Group 7:00 am

Staff at FBC Apopka: E-mail addresses:

- Pastor- Dr. Paul F. Gordon- pfgordon@fbcapopka.net
- Youth Pastor- Kevin Kozial- kevin@fbcapopka.net
- Deaf Ministry Pastor- Dr. A.C. McCann- acinsight66@bellsouth.net
- Administration/Education- Lyle Forsberg- lylef@fbcapopka.net
- Music Director -Steve Hooks- steve@fbcapopka.net
- Sunday School Director-Rev. Loren Sauers-ocministries@aol.com
- Awana Commander- Jason Stroub- fbcaawana@gmail.com
- Children's Church Director- Lori Ahern
- Finance Secretary- Sherry Marsden- sherry@fbcapopka.net
- Church Secretary- Judy Brown- judy@fbcapopka.net
- HCA Director-Michelle Brown- michelle@fbcapopka.net
- Maintenance- Billy Seigler
- Church Email- fbc@fbcapopka.net

First Baptist Church of Apopka

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Apopka, FL 32703

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E-mail - fbc@fbcapopka.net

Website - www.fbcapopka.net

Highland Christian Academy

Infant through Pre-kindergarten

407-886-0015

Library Hours

Sunday-8:30-9:15 and 5:30-6:00

Wednesday - 5:45-6:30

September



The deadline for newsletter articles is the third Monday of every month. Email to: Judy@fbcapopka.net or turn them in at the office.

First Family Breakfast
Sunday, Sept. 4
Fellowship Hall
@ 8:30 AM

<u>September Birthdays</u>			<u>October Birthdays</u>		
	21	Stacy Browning		18	Marjorie Hornsby
		Brenda Jenkins			Duke Malcolm
1		Wanda McCann	4		Louise Destin
	22	Glenda Freeman	5	21	Gene Shirley
2		Tom Dorman			Jimmy Page
	23	Courtney Manley	8		Michele Ivill
3		Russ Krone			Jerry Feldt
	25	Russ Wilkins		23	Rusty Ketcham
	26	Thelma Urquhart	9		Shaylee Smith
5	27	Nick Rieger		24	James Stratton
9		Beverly Gordon	10		
10		Carmen Young			If your birthday has not
		Vickie Raulerson	11		appeared on the
12	29	Linda Lang			monthly list in the
	30	Robert Conway	12		newsletter, that means
14					it is not in our com-
			13		puter system. Please
15					call the church office at
			15		407-886-2628 and let
16					us know that you need
					to be added to our list
17			16		for your
					special day!
18			17		